

POTEET INDEPENDENT SCHOOL DISTRICT

1100 School Drive
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Dear Parent/Guardian:

Poteet Independent School District will be conducting spinal screening on February 16th and February 17th, 2017. The purpose of spinal screening is to detect the signs of abnormal curves of the spine at their earliest stages so that the need for treatment can be determined. Scoliosis, a common spinal abnormality found in adolescents, is a sideways twisting of the spine. It is usually detected in children between 10 and 14 years of age. Kyphosis, sometimes called round back, is an exaggerated rounding of the upper back and is often confused with poor posture. Many cases of curvature are mild and require only ongoing observation by a physician when they are first diagnosed. Others can worsen with time as the child grows and require active treatment such as bracing and surgery. Early treatment can prevent the development of a severe deformity, which can affect a person's appearance and health.

The procedure for screening is simple. The Poteet ISD Nurses has been specially trained and will look at your child's back while he/she stands and then bends forward. For this examination, boys and girls will be screened separately and individually.

"8th Grade students will be screened on February 16th and 17th".

STUDENTS SHOULD WEAR OR BRING SHORTS TO SCHOOL FOR THE EXAM. ALL STUDENTS MUST REMOVE THEIR SHIRT FOR THIS EXAM. FOR THIS REASON, WE REQUEST THAT GIRLS WEAR SPORTS BRA OR TWO PIECE SWIM SUIT TOP UNDERNEATH THEIR SHIRT ON EXAM DAY.

Parents will be notified of the results of the screening only if professional follow up is necessary. This screening procedure does not replace your child's need for regular health care and check-ups.

According to state law, all students in grades 5 and 8 must receive the spinal screening.

Thank you for your cooperation,
Ruth Martinez, RN